

# CLAYTON CHIROPRACTIC CLINIC

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Patients name:

Patients DOB:

## COPD (4.8.3.5):

1. Is the nature and severity of the COPD likely to interfere with the individual's ability to control and drive a CMV safely?
2. Does the individual have an unstable medical condition other than COPD, such as chronic respiratory failure, history of continuing cough with cough syncope, or hypoxemia at rest?

\_\_\_\_\_  
Signature of healthcare provider

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of healthcare provider

\_\_\_\_\_  
Provider specialty

The above driver is being evaluated to determine if they are capable of operating a commercial vehicle according to the Federal Motor Carrier's Safety Administration ((FMCSA). Guides are based on the [Medical Examiner's Handbook 2024 Edition](#). Certain conditions need treating providers guidance.

### Drivers demands and Duties 3.3

- Coupling and uncoupling trailer(s) from the tractor: requires strength and full range of motion to climb, balance, turn, grip, and pull;
- Loading and unloading trailer(s): requires ability to lift a heavy load or unload as much as 50,000 pounds of freight after sitting for a long period of time without any stretching period;
- Lifting, installing, and removing heavy tire chains: requires pulling/lifting motions in the range of 35 to 90 pounds; and
- Lifting tarpaulins to cover open top trailers: requires pulling/lifting motions in the range of 50 to 100 pounds.
- Performing pre-trip and post-trip safety checks: requires climbing, bending, kneeling, crawling, reaching, stretching, turning, and twisting;
- Handling and inspecting cargo: requires lifting, climbing up and down perpendicular ladders, and entering/leaving the cab or cargo body multiple times a day; and
- Inspecting the vehicle: requires climbing, bending, kneeling, crawling, reaching, stretching, turning, and twisting to evaluate the condition of the vehicular systems, such as tires, brakes, suspensions, engines, and cargo.
- Moving gear shift levers(s): requires moderate strength, timely coordination, and complex manipulation skills of right upper and left lower extremity;
- Controlling steering wheel: requires strength, mobility, and power grasp and prehension of hands and fingers while maintaining stability of trunk;
- Operating brakes and accelerator pedals: requires moderate strength, mobility, and coordinated movement in lower extremities;
- Operating light switches, windshield wipers, directional signals, emergency lights, horn, etc.: requires moderate strength, mobility, and manipulative skills of upper extremities; and
- Backing and parking: requires adequate depth perception, strength, and coordinated manipulative skills.