

# CLAYTON CHIROPRACTIC CLINIC

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Patients name:

Patients DOB:

## **Bipolar Mood Disorder (4.13.3.4.2): PLEASE ANSWER QUESTIONS BELOW**

1. How long has the individual been symptom-free following a nonpsychotic major depression unaccompanied by suicidal behavior?
2. How long has the individual been symptom free following a severe depressive episode, a suicide attempt, or a manic episode?
3. Are there medication side effects for this individual? If so, how do they effect this individual?
4. Has treatment been shown to be adequate, effective, safe, and stable?
5. Is the nature and severity of the underlying mental disorder likely to interfere with the ability to drive a CMV safely?

\_\_\_\_\_  
Signature of healthcare provider

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of healthcare provider

\_\_\_\_\_  
Provider specialty

The above driver is being evaluated to determine if they are capable of operating a commercial vehicle according to the Federal Motor Carrier's Safety Administration ((FMCSA). Guides are based on the [Medical Examiner's Handbook 2024 Edition](#). Certain conditions need treating providers guidance.

### Drivers demands and Duties 3.3

- Coupling and uncoupling trailer(s) from the tractor: requires strength and full range of motion to climb, balance, turn, grip, and pull;
- Loading and unloading trailer(s): requires ability to lift a heavy load or unload as much as 50,000 pounds of freight after sitting for a long period of time without any stretching period;
- Lifting, installing, and removing heavy tire chains: requires pulling/lifting motions in the range of 35 to 90 pounds; and
- Lifting tarpaulins to cover open top trailers: requires pulling/lifting motions in the range of 50 to 100 pounds.
- Performing pre-trip and post-trip safety checks: requires climbing, bending, kneeling, crawling, reaching, stretching, turning, and twisting;
- Handling and inspecting cargo: requires lifting, climbing up and down perpendicular ladders, and entering/leaving the cab or cargo body multiple times a day; and
- Inspecting the vehicle: requires climbing, bending, kneeling, crawling, reaching, stretching, turning, and twisting to evaluate the condition of the vehicular systems, such as tires, brakes, suspensions, engines, and cargo.
- Moving gear shift levers(s): requires moderate strength, timely coordination, and complex manipulation skills of right upper and left lower extremity;
- Controlling steering wheel: requires strength, mobility, and power grasp and prehension of hands and fingers while maintaining stability of trunk;
- Operating brakes and accelerator pedals: requires moderate strength, mobility, and coordinated movement in lower extremities;
- Operating light switches, windshield wipers, directional signals, emergency lights, horn, etc.: requires moderate strength, mobility, and manipulative skills of upper extremities; and
- Backing and parking: requires adequate depth perception, strength, and coordinated manipulative skills.

